

# Diabetes New Zealand Nelson Youth Branch

**The primary focus of the Nelson Youth Diabetes group is to create safe and positive community events for children and their families.**

In 2020 the Top of the South Community Foundation made a grant that assisted in the purchase of My Identity medic alert style bracelets, which were then gifted to families who needed them.

## Grant assists local youth with Diabetes

Generally diagnosed in childhood or early adolescence, Type 1 Diabetes can pose significant challenges for young people and their families as they move to self-management for serious physical health risks, mental and emotional wellbeing stresses, financial pressures, and difficulty fitting 'condition management' around their lives.

The Top of the South Community Foundation grant offered an opportunity to purchase additional My Identity bracelets, which had the positive effect of lifting a huge weight off parents when they are not present with their child. Each bracelet has information unique to the child and can inform those around them how, or who to call, to manage their condition.

*"We are extremely grateful for the opportunity given to us this year from Top of the South Community Foundation."*

*"The impact of diabetes on our youth cannot be underestimated. These kids live with so many decisions to make on a day to day basis to manage their condition. The impact within a family is relentless, and the purchasing of these bracelets is just so helpful."*

Amanda Deans,  
Diabetes NZ Nelson Youth Branch Coordinator

