

Supporting therapeutic horse riding for adults and children experiencing disability

Richmond Riding for the Disabled provides interaction with horses which assists in developing increased ability, independence and self-esteem for children and adults with physical, intellectual, emotional, and social challenges.

Each rider has individualised goals, to ensure the programmes provide the maximum benefits for them. Programmes are professional, effective, high quality and – most importantly- safe, with qualified Coaches and volunteers who must meet ongoing training requirements. This ensures they remain relevant and at the forefront of service delivery.

The warmth and three-dimensional movement of the horse is transmitted through the rider's body delivering therapy that improves muscle tone, balance, posture, and co-ordination, as well as providing support and recreation and learning opportunities while riding.



How to donate to the Richmond RDA Fund

1. Go to the [Donate Now](#) button on the Top of the South Community Foundation website, and follow the straightforward directions to donate to Richmond RDA.
2. Make a donation by Bank Transfer to the Top of the South Community Foundation bank account (03-1354-0602011-00), noting both your Name and Richmond RDA in the transfer details. If you elect to donate by Bank Transfer, please also email us at info@topsouthfoundation.org.nz and give us your full name and address so we can process your tax receipt.
3. Or contact us here at Top of the South Community Foundation via info@topsouthfoundation.org.nz, and we'll be pleased to answer any gifting questions you may have.

All donations are fully tax deductible, and a tax receipt will be sent following your generous donation.

Further information

Email Jenny Stebbings at Richmond RDA :

richmondrrda@ts.co.nz

