

Richmond Riding for the Disabled Community Group Fund



Richmond Riding for the Disabled has established a Community Group Fund with the Top of the South Community Foundation to support therapeutic horse riding for generations to come.

Richmond Riding for the Disabled provides interaction with horses, which is a proven therapy that develops, improves and/or promotes many aspects such as balance and co-ordination, muscle tone, concentration, self-esteem, perception and spatial awareness, communication, social skills, independence and encourages decision making.

Each rider has an individualised structured goal based programme, which is supervised by a qualified coach and assisted by specially trained therapists, volunteers and horses, who must meet ongoing training requirements.

The warmth and three-dimensional movement of the horse is the key therapy tool used in our Group, the movement is transmitted through the rider's body, gradually making the rider more relaxed improving muscle tone, balance, posture and co-ordination.

Our sessions are designed to enhance and improve physical, psychological and social abilities as well as provide recreational and educational opportunities.

"Supporting children and adults experiencing disability to achieve good lives through the proven therapy of horse riding."



Jenny Stebbings, Richmond RDA | 03 544 8960
richmondrda@ts.co.nz



Richmond Riding for the Disabled Fund

The Richmond Riding for the Disabled Fund has been established with the Top of the South Community Foundation to support long-term funding needs. When you donate, your gift is professionally invested by the Foundation, with the income generated going directly to Richmond RDA to support therapeutic horse riding in the Nelson region - in perpetuity.

Every gift counts. As the fund grows, so does the impact on the lives of riders and their whānau.

About Top of the South Community Foundation

The Top of the South Community Foundation exists to strengthen the long-term wellbeing of Te Taihū by ensuring generosity given here continues to serve the community for generations.

We partner with generous donors who want to give back to the place and people they care about most. Every donation is respected, protected, and carried forward with care and integrity.

Community Foundations are local, independent, and not-for-profit - following a well-established model of giving that has grown worldwide for more than 100 years, now present in 18 regions across New Zealand.

How to donate

1. Online visit topsouthfoundation.org.nz and click Donate Now - follow the prompts to give to the Richmond Riding for the Disabled Fund.
2. Bank Transfer Deposit to account 03-1354-0602011-00, reference your name and Richmond RDA. Then email info@topsouthfoundation.org.nz with your name and address so we can send your tax receipt.
3. To discuss your giving in confidence, please speak with Chelsea - details below.

All donations are fully tax deductible, and a tax receipt will be sent following your generous donation.

“Talk to us about how your donation can help children and adults experiencing disability have access to therapeutic horse riding for generations to come.” - Chelsea Routhan